1. **SURRENDER TO GOD:** Set time aside this week to pray and ask for the Spirit of God to begin working in your life in a new way. “Remember, you are seeking God. Make no demands; have no expectations. Your only task is to surrender yourself to God, to open the door so that the Spirit can come in and begin changing the way you think and live.” (Renovaré Workbook, p. 49)

2. **THIRST FOR GOD:** Every time you take a sip of water today, pray a simple prayer, like, “Spirit of God, fill me.”

3. **GOOD GIFTS:** Spend one day thanking God for providing for your basic needs, whenever you are reminded (air, water, light, food, shelter, sleep). Then, find a way to help provide for someone else’s basic needs. (Adapted from Streams Worbook, Session 6)

4. **FRUIT OF THE SPIRIT VIDEO MEDITATIONS:** Ask God to continue to produce good fruit in your life as you spend time with Him. dallaswillardcenter.com/fruit-of-the-spirit-video-meditations/